

# Rialto Unified School District

Aug 11, 2025 thru Aug 15, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

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|                                         | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcm<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g)   | Carb<br>(g)    | T-Fat<br>(g)  | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-----------------------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|---------------|---------------|---------------|---------------|----------------|----------------|---------------|--------------|----------------------------|
| Mon - 08/11/2025                        |                     |              |                |                |              |              |              |               |               |               |               |                |                |               |              |                            |
| ELEM B.I.C. #2                          | Total               | 5000         |                |                |              |              |              |               |               |               |               |                |                |               |              |                            |
| Cinnamon Swirls, WG 2024                | Serving             | 5000         | 300            | 10             | 125          | 3.00         | 0.36         | 499.7         | 0             | 0.0           | 22            | 6.0            | 47.97          | 8.99          | 2.50         | 0.00                       |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500         | 110            | 0              | 0            | 3.00         | 0.00         | 0.0           | 120           | 0.0           | 24            | 0.0            | 28.0           | 0.0           | 0.00         | 0.00                       |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500         | 110            | 0              | 0            | 3.00         | 0.00         | 0.0           | 120           | 0.0           | 24            | 0.0            | 28.0           | 0.0           | 0.00         | 0.00                       |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 1000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0         | 500           | 0.0           | 14            | 9.0            | 14.0           | 2.5           | 1.50         | 0.00                       |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 4000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0         | 1000          | 0.0           | 19            | 8.0            | 20.0           | 0.0           | 0.00         | 0.00                       |
| Weighted Daily Average<br>% of Calories |                     |              | 530            | 17             | 323          | 6.00         | 0.36         | 729.7         | 1020          | 0.00          | 64<br>48.3%   | 14.20<br>10.7% | 94.77<br>71.5% | 9.49<br>16.1% | 2.80<br>4.8% | 0.00<br>0.0%               |
| Nutrient Guideline                      |                     |              | 350-500        |                | 540          |              |              |               |               |               |               |                |                |               | <10.00       |                            |

|                                         |                     |      |         |    |     |      |      |       |      |      |             |                |                |                |              |              |
|-----------------------------------------|---------------------|------|---------|----|-----|------|------|-------|------|------|-------------|----------------|----------------|----------------|--------------|--------------|
| Tue - 08/12/2025                        |                     |      |         |    |     |      |      |       |      |      |             |                |                |                |              |              |
| ELEM B.I.C. #2                          | Total               | 5000 |         |    |     |      |      |       |      |      |             |                |                |                |              |              |
| OATMEAL CHOC-CHIP BAR-2017              | EACH(2.5<br>oz)     | 5000 | 290     | 20 | 240 | 3.00 | 1.80 | 20.0  | 110  | 0.0  | 22          | 5.0            | 47.0           | 9.0            | 3.00         | 0.00         |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500 | 110     | 0  | 0   | 3.00 | 0.00 | 0.0   | 120  | 0.0  | 24          | 0.0            | 28.0           | 0.0            | 0.00         | 0.00         |
| GRAPES,Fresh PKG '23                    | serv.(1/2<br>cup)   | 2500 | 31      | 0  | 1   | 0.41 | 0.13 | 6.4   | 46   | 1.84 | 7           | 0.29           | 7.89           | 0.16           | 0.05         | 0.00         |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 2000 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 0.0  | 14          | 9.0            | 14.0           | 2.5            | 1.50         | 0.00         |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 3000 | 120     | 5  | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0  | 19          | 8.0            | 20.0           | 0.0            | 0.00         | 0.00         |
| Weighted Daily Average<br>% of Calories |                     |      | 480     | 29 | 426 | 4.71 | 1.87 | 283.2 | 993  | 0.92 | 55<br>45.6% | 13.54<br>11.3% | 82.54<br>68.7% | 10.08<br>18.9% | 3.63<br>6.8% | 0.00<br>0.0% |
| Nutrient Guideline                      |                     |      | 350-500 |    | 540 |      |      |       |      |      |             |                |                |                | <10.00       |              |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Portion Values - Detailed

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ELEM B.I.C. #2

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|                                      | Portion Size     | Reimb Qty | Cals (kcal) | Cholest (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | CalcM (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g)   | Carb (g)    | T-Fat (g)  | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------------|------------------|-----------|-------------|--------------|-----------|-----------|-----------|------------|------------|------------|------------|-------------|-------------|------------|-----------|-------------------------|
| Wed - 08/13/2025                     |                  |           |             |              |           |           |           |            |            |            |            |             |             |            |           |                         |
| ELEM B.I.C. #2                       | Total            | 5000      |             |              |           |           |           |            |            |            |            |             |             |            |           |                         |
| Pancakes, Confetti Bites 2022        | pkg              | 5000      | 210         | 10           | 210       | 4.00      | 3.60      | 20.0       | 1000       | 0.0        | 11         | 4.0         | 36.0        | 7.0        | 1.00      | 0.00                    |
| Craisins, Watermelon                 | serv. (1.1 6 oz) | 2500      | 110         | 0            | 0         | 3.00      | 0.00      | 0.0        | 120        | 0.0        | 24         | 0.0         | 28.0        | 0.0        | 0.00      | 0.00                    |
| Crisps, Apple-Strawberry '22         | BAG (0.3 4 oz)   | 2500      | 39          | 0            | 0         | 1.93      | 0.00      | 0.0        | 34         | 0.0        | 7          | 0.0         | 9.64        | 0.0        | 0.00      | 0.00                    |
| MILK,1% DW 2024                      | EACH(1/2 pint)   | 2000      | 120         | 15           | 150       | 0.00      | 0.00      | 350.0      | 500        | 0.0        | 14         | 9.0         | 14.0        | 2.5        | 1.50      | 0.00                    |
| MILK,NF Chocolate DW 2024            | EACH (1/ 2 pint) | 3000      | 120         | 5            | 210       | 0.00      | 0.00      | 200.0      | 1000       | 0.0        | 19         | 8.0         | 20.0        | 0.0        | 0.00      | 0.00                    |
| Weighted Daily Average % of Calories |                  |           | 404         | 19           | 396       | 6.46      | 3.60      | 280.0      | 1877       | 0.00       | 43 42.9%   | 12.40 12.3% | 72.42 71.7% | 8.00 17.8% | 1.60 3.6% | 0.00 0.0%               |
| Nutrient Guideline                   |                  |           | 350-500     |              | 540       |           |           |            |            |            |            |             |             |            | <10.00    |                         |

|                                      |                  |      |         |    |     |      |      |       |      |       |          |             |             |            |           |           |
|--------------------------------------|------------------|------|---------|----|-----|------|------|-------|------|-------|----------|-------------|-------------|------------|-----------|-----------|
| Thu - 08/14/2025                     |                  |      |         |    |     |      |      |       |      |       |          |             |             |            |           |           |
| ELEM B.I.C. #2                       | Total            | 5000 |         |    |     |      |      |       |      |       |          |             |             |            |           |           |
| UBR - BRKFST CINN ROUND              | 1 EACH           | 5000 | 280     | 5  | 190 | 6.29 | 0.68 | 29.8  | 8    | 0.01  | 19       | 5.0         | 44.0        | 8.0        | 3.00      | 0.00      |
| Craisins, Watermelon                 | serv. (1.1 6 oz) | 2500 | 110     | 0  | 0   | 3.00 | 0.00 | 0.0   | 120  | 0.0   | 24       | 0.0         | 28.0        | 0.0        | 0.00      | 0.00      |
| APPLES,Fresh sliced                  | pkg. (2oz)       | 2500 | 34      | 0  | 0   | 2.00 | 0.18 | 10.0  | 50   | 123.6 | 6        | 0.0         | 8.0         | 0.0        | 0.00      | 0.00      |
| MILK,1% DW 2024                      | EACH(1/2 pint)   | 2000 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 0.0   | 14       | 9.0         | 14.0        | 2.5        | 1.50      | 0.00      |
| MILK,NF Chocolate DW 2024            | EACH (1/ 2 pint) | 3000 | 120     | 5  | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0   | 19       | 8.0         | 20.0        | 0.0        | 0.00      | 0.00      |
| Weighted Daily Average % of Calories |                  |      | 472     | 14 | 376 | 8.79 | 0.77 | 294.8 | 893  | 61.81 | 51 43.2% | 13.40 11.4% | 79.60 67.5% | 9.00 17.2% | 3.60 6.9% | 0.00 0.0% |
| Nutrient Guideline                   |                  |      | 350-500 |    | 540 |      |      |       |      |       |          |             |             |            | <10.00    |           |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

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|                           | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcium<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|---------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|-----------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Fri - 08/15/2025          |                     |              |                |                |              |              |              |                 |               |               |               |              |             |              |              |                            |
| ELEM B.I.C. #2            | Total               | 5000         |                |                |              |              |              |                 |               |               |               |              |             |              |              |                            |
| Concha, WG WHITE-'24      | each(2G)            | 5000         | 200            | 5              | 90           | 2.00         | 1.80         | 40.0            | 40            | 0.0           | 8             | 5.0          | 34.0        | 6.0          | 1.50         | 0.00                       |
| Craisins, Watermelon      | serv. (1.1<br>6 oz) | 2500         | 110            | 0              | 0            | 3.00         | 0.00         | 0.0             | 120           | 0.0           | 24            | 0.0          | 28.0        | 0.0          | 0.00         | 0.00                       |
| Juice, apple 8oz. DW-2024 | CARTONS             | 2500         | 110            | 0              | 30           | 0.00         | 0.00         | 20.0            | 200           | 60.0          | 29            | 2.0          | 29.0        | 0.0          | 0.00         | 0.00                       |
| MILK,1% DW 2024           | EACH(1/2<br>pint)   | 2000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0           | 500           | 0.0           | 14            | 9.0          | 14.0        | 2.5          | 1.50         | 0.00                       |
| MILK,NF Chocolate DW 2024 | EACH (1/<br>2 pint) | 3000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0           | 1000          | 0.0           | 19            | 8.0          | 20.0        | 0.0          | 0.00         | 0.00                       |
| Weighted Daily Average    |                     |              | 430            | 14             | 291          | 3.50         | 1.80         | 310.0           | 1000          | 30.00         | 52            | 14.40        | 80.10       | 7.00         | 2.10         | 0.00                       |
| % of Calories             |                     |              |                |                |              |              |              |                 |               |               | 47.9%         | 13.4%        | 74.5%       | 14.7%        | 4.4%         | 0.0%                       |
| Nutrient Guideline        |                     |              | 350-500        |                | 540          |              |              |                 |               |               |               |              |             |              | <10.00       |                            |

|                  |  |  |     |    |     |      |      |       |      |       |        |       |       |       |      |      |
|------------------|--|--|-----|----|-----|------|------|-------|------|-------|--------|-------|-------|-------|------|------|
| Weighted Average |  |  | 463 | 19 | 362 | 5.89 | 1.68 | 379.5 | 1157 | 18.55 | 53     | 13.59 | 81.89 | 8.71  | 2.74 | 0.00 |
|                  |  |  |     |    |     |      |      |       |      |       | 102.8% | 11.7% | 70.7% | 16.9% | 5.3% | 0.0% |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories                   | 463      |           | 350 - 500     | 100%        |           |           |         |                         |
| Cholesterol (mg)           | 19       |           |               |             |           |           |         |                         |
| Sodium 1 (mg)              | 362      |           | 540           | 67%         |           |           |         |                         |
| Fiber (g)                  | 5.89     |           |               |             |           |           |         |                         |
| Iron (mg)                  | 1.68     |           |               |             |           |           |         |                         |
| Calcium (mg)               | 379.5    |           |               |             |           |           |         |                         |
| Vitamin A (IU)             | 1157     |           |               |             |           |           |         |                         |
| Sugars (g)                 | 53       | 45.69%    |               |             |           |           |         |                         |
| Vitamin C (mg)             | 18.55    |           |               |             |           |           |         |                         |
| Protein (g)                | 13.59    | 11.73%    |               |             |           |           |         |                         |
| Carbohydrate (g)           | 81.89    | 70.70%    |               |             |           |           |         |                         |
| Total Fat (g)              | 8.71     | 16.93%    |               |             |           |           |         |                         |
| Saturated Fat (g)          | 2.74     | 5.33%     | <10.00%       |             |           |           |         |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%     |               |             |           |           |         |                         |

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Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

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|                                         | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcm<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g)   | Carb<br>(g)    | T-Fat<br>(g)   | S-Fat<br>(g)  | Tr-Fat <sup>1</sup><br>(g) |
|-----------------------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|---------------|---------------|---------------|---------------|----------------|----------------|----------------|---------------|----------------------------|
| Mon - 08/18/2025                        |                     |              |                |                |              |              |              |               |               |               |               |                |                |                |               |                            |
| ELEM B.I.C. #2                          | Total               | 5000         |                |                |              |              |              |               |               |               |               |                |                |                |               |                            |
| Croissant,Sausage & Cheese '25          | 1 Each              | 5000         | 222            | 35             | 406          | 2.20         | 1.61         | 154.3         | 182           | 0.0           | 3             | 12.14          | 18.28          | 11.3           | 5.43          | 0.16                       |
| Craisins                                | 1/4 Cup             | 2500         | 93             | 0              | 2            | 1.61         | 0.12         | 2.7           | 14            | 0.06          | 22            | 0.05           | 25.09          | 0.33           | 0.03          | 0.00                       |
| Craisins                                | 1/4 Cup             | 2500         | 93             | 0              | 2            | 1.61         | 0.12         | 2.7           | 14            | 0.06          | 22            | 0.05           | 25.09          | 0.33           | 0.03          | 0.00                       |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 1000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0         | 500           | 0.0           | 14            | 9.0            | 14.0           | 2.5            | 1.50          | 0.00                       |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 4000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0         | 1000          | 0.0           | 19            | 8.0            | 20.0           | 0.0            | 0.00          | 0.00                       |
| Weighted Daily Average<br>% of Calories |                     |              | 436            | 42             | 606          | 3.81         | 1.73         | 387.0         | 1096          | 0.06          | 43<br>39.0%   | 20.39<br>18.7% | 62.17<br>57.1% | 12.13<br>25.1% | 5.76<br>11.9% | 0.16<br>0.3%               |
| Nutrient Guideline                      |                     |              | 350-500        |                | 540          |              |              |               |               |               |               |                |                |                | <10.00        |                            |

|                                         |                     |      |         |    |     |      |      |       |      |      |             |                |                |                |              |              |
|-----------------------------------------|---------------------|------|---------|----|-----|------|------|-------|------|------|-------------|----------------|----------------|----------------|--------------|--------------|
| Tue - 08/19/2025                        |                     |      |         |    |     |      |      |       |      |      |             |                |                |                |              |              |
| ELEM B.I.C. #2                          | Total               | 5000 |         |    |     |      |      |       |      |      |             |                |                |                |              |              |
| FRENCH TOAST BAR-2018                   | 1 EACH              | 5000 | 290     | 25 | 200 | 3.00 | 1.80 | 40.0  | 105  | 0.0  | 21          | 5.0            | 47.0           | 9.0            | 2.50         | 0.00         |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500 | 110     | 0  | 0   | 3.00 | 0.00 | 0.0   | 120  | 0.0  | 24          | 0.0            | 28.0           | 0.0            | 0.00         | 0.00         |
| GRAPES,Fresh PKG '23                    | serv.(1/2<br>cup)   | 2500 | 31      | 0  | 1   | 0.41 | 0.13 | 6.4   | 46   | 1.84 | 7           | 0.29           | 7.89           | 0.16           | 0.05         | 0.00         |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 2000 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 0.0  | 14          | 9.0            | 14.0           | 2.5            | 1.50         | 0.00         |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 3000 | 120     | 5  | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0  | 19          | 8.0            | 20.0           | 0.0            | 0.00         | 0.00         |
| Weighted Daily Average<br>% of Calories |                     |      | 480     | 34 | 386 | 4.71 | 1.87 | 303.2 | 988  | 0.92 | 54<br>44.7% | 13.54<br>11.3% | 82.54<br>68.7% | 10.08<br>18.9% | 3.13<br>5.9% | 0.00<br>0.0% |
| Nutrient Guideline                      |                     |      | 350-500 |    | 540 |      |      |       |      |      |             |                |                |                | <10.00       |              |

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|                                         | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcium<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g)   | Carb<br>(g)    | T-Fat<br>(g)   | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-----------------------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|-----------------|---------------|---------------|---------------|----------------|----------------|----------------|--------------|----------------------------|
| Wed - 08/20/2025                        |                     |              |                |                |              |              |              |                 |               |               |               |                |                |                |              |                            |
| ELEM B.I.C. #2                          | Total               | 5000         |                |                |              |              |              |                 |               |               |               |                |                |                |              |                            |
| Donut, Super Bakery '22                 | 1 EACH              | 5000         | 250            | 5              | 250          | 0.50         | 5.40         | 200.0           | 2000          | 30.0          | 15            | 5.0            | 29.0           | 11.0           | 3.00         | 0.00                       |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500         | 110            | 0              | 0            | 3.00         | 0.00         | 0.0             | 120           | 0.0           | 24            | 0.0            | 28.0           | 0.0            | 0.00         | 0.00                       |
| Crisps, Apple-Strawberry '22            | BAG (0.3<br>4 oz)   | 2500         | 39             | 0              | 0            | 1.93         | 0.00         | 0.0             | 34            | 0.0           | 7             | 0.0            | 9.64           | 0.0            | 0.00         | 0.00                       |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 2000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0           | 500           | 0.0           | 14            | 9.0            | 14.0           | 2.5            | 1.50         | 0.00                       |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 3000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0           | 1000          | 0.0           | 19            | 8.0            | 20.0           | 0.0            | 0.00         | 0.00                       |
| Weighted Daily Average<br>% of Calories |                     |              | 444            | 14             | 436          | 2.96         | 5.40         | 460.0           | 2877          | 30.00         | 47<br>42.7%   | 13.40<br>12.1% | 65.42<br>58.9% | 12.00<br>24.3% | 3.60<br>7.3% | 0.00<br>0.0%               |
| Nutrient Guideline                      |                     |              | 350-500        |                | 540          |              |              |                 |               |               |               |                |                |                | <10.00       |                            |

|                                         |                     |      |         |    |     |      |      |       |      |       |             |                |                |               |              |              |
|-----------------------------------------|---------------------|------|---------|----|-----|------|------|-------|------|-------|-------------|----------------|----------------|---------------|--------------|--------------|
| Thu - 08/21/2025                        |                     |      |         |    |     |      |      |       |      |       |             |                |                |               |              |              |
| ELEM B.I.C. #2                          | Total               | 5000 |         |    |     |      |      |       |      |       |             |                |                |               |              |              |
| Waffles, Fun N Fruti '24                | 1 pkg               | 5000 | 210     | 35 | 290 | 2.00 | 1.08 | 8.0   | 0    | 0.0   | 10          | 5.0            | 31.0           | 8.0           | 1.50         | 0.00         |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500 | 110     | 0  | 0   | 3.00 | 0.00 | 0.0   | 120  | 0.0   | 24          | 0.0            | 28.0           | 0.0           | 0.00         | 0.00         |
| APPLES,Fresh sliced                     | pkg. (2oz)          | 2500 | 34      | 0  | 0   | 2.00 | 0.18 | 10.0  | 50   | 123.6 | 6           | 0.0            | 8.0            | 0.0           | 0.00         | 0.00         |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 2000 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500  | 0.0   | 14          | 9.0            | 14.0           | 2.5           | 1.50         | 0.00         |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 3000 | 120     | 5  | 210 | 0.00 | 0.00 | 200.0 | 1000 | 0.0   | 19          | 8.0            | 20.0           | 0.0           | 0.00         | 0.00         |
| Weighted Daily Average<br>% of Calories |                     |      | 402     | 44 | 476 | 4.50 | 1.17 | 273.0 | 885  | 61.80 | 42<br>41.8% | 13.40<br>13.3% | 66.60<br>66.3% | 9.00<br>20.1% | 2.10<br>4.7% | 0.00<br>0.0% |
| Nutrient Guideline                      |                     |      | 350-500 |    | 540 |      |      |       |      |       |             |                |                |               | <10.00       |              |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Rialto Unified School District

Aug 18, 2025 thru Aug 22, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

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|                              | Portion<br>Size  | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcium<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat'<br>(g) |
|------------------------------|------------------|--------------|----------------|----------------|--------------|--------------|--------------|-----------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------|
| Fri - 08/22/2025             |                  |              |                |                |              |              |              |                 |               |               |               |              |             |              |              |                |
| ELEM B.I.C. #2               | Total            | 4950         |                |                |              |              |              |                 |               |               |               |              |             |              |              |                |
| BANA CHOC-CHUNKY MONKEY 2013 | 1 EACH           | 5000         | 280            | 15             | 220          | 3.00         | 1.80         | 20.0            | 115           | 0.0           | 23            | 5.0          | 48.0        | 8.0          | 3.00         | 0.00           |
| Craisins, Watermelon         | serv. (1.1 6 oz) | 5000         | 110            | 0              | 0            | 3.00         | 0.00         | 0.0             | 120           | 0.0           | 24            | 0.0          | 28.0        | 0.0          | 0.00         | 0.00           |
| Orange juice, DW, 4oz.2024   | EACH(4 oz)       | 5000         | 55             | 0              | 14           | 0.00         | 0.00         | 10.0            | 100           | 30.0          | 14            | 1.0          | 14.0        | 0.0          | 0.00         | 0.00           |
| MILK,1% DW 2024              | EACH(1/2 pint)   | 2000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0           | 500           | 0.0           | 14            | 9.0          | 14.0        | 2.5          | 1.50         | 0.00           |
| MILK,NF Chocolate DW 2024    | EACH (1/2 pint)  | 3000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0           | 1000          | 0.0           | 19            | 8.0          | 20.0        | 0.0          | 0.00         | 0.00           |
| Weighted Daily Average       |                  |              | 571            | 24             | 424          | 6.06         | 1.82         | 292.9           | 1146          | 30.30         | 79            | 14.54        | 108.69      | 9.09         | 3.64         | 0.00           |
| % of Calories                |                  |              |                |                |              |              |              |                 |               |               | 55.2%         | 10.2%        | 76.2%       | 14.3%        | 5.7%         | 0.0%           |
| Nutrient Guideline           |                  |              | 350-500        |                | 540          |              |              |                 |               |               |               |              |             |              | <10.00       |                |

|                  |  |  |     |    |     |      |      |       |      |       |        |       |       |       |      |      |
|------------------|--|--|-----|----|-----|------|------|-------|------|-------|--------|-------|-------|-------|------|------|
| Weighted Average |  |  | 467 | 32 | 466 | 4.41 | 2.40 | 343.2 | 1399 | 24.62 | 53     | 15.06 | 77.08 | 10.46 | 3.64 | 0.03 |
|                  |  |  |     |    |     |      |      |       |      |       | 102.0% | 12.9% | 66.1% | 20.2% | 7.0% | 0.1% |

| Nutrient          | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|-------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories          | 467      |           | 350 - 500     | 100%        |           |           |         |                         |
| Cholesterol (mg)  | 32       |           |               |             |           |           |         |                         |
| Sodium 1 (mg)     | 466      |           | 540           | 86%         |           |           |         |                         |
| Fiber (g)         | 4.41     |           |               |             |           |           |         |                         |
| Iron (mg)         | 2.40     |           |               |             |           |           |         |                         |
| Calcium (mg)      | 343.2    |           |               |             |           |           |         |                         |
| Vitamin A (IU)    | 1399     |           |               |             |           |           |         |                         |
| Sugars (g)        | 53       | 45.33%    |               |             |           |           |         |                         |
| Vitamin C (mg)    | 24.62    |           |               |             |           |           |         |                         |
| Protein (g)       | 15.06    | 12.91%    |               |             |           |           |         |                         |
| Carbohydrate (g)  | 77.08    | 66.08%    |               |             |           |           |         |                         |
| Total Fat (g)     | 10.46    | 20.18%    |               |             |           |           |         |                         |
| Saturated Fat (g) | 3.64     | 7.03%     | <10.00%       |             |           |           |         |                         |
| Trans Fat' (g)    | 0.03     | 0.06%     |               |             |           |           |         |                         |

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# Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

ELEM B.I.C. #2

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|                                         | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g)   | Carb<br>(g)    | T-Fat<br>(g)  | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-----------------------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|----------------|----------------|---------------|--------------|----------------------------|
| Mon - 08/25/2025                        |                     |              |                |                |              |              |              |              |               |               |               |                |                |               |              |                            |
| ELEM B.I.C. #2                          | Total               | 5000         |                |                |              |              |              |              |               |               |               |                |                |               |              |                            |
| Cinnis, Mini                            | 1 EACH              | 5000         | 240            | 0              | 270          | 2.00         | 1.44         | 40.0         | 75            | 0.0           | 15            | 5.0            | 39.0           | 7.0           | 1.50         | 0.00                       |
| Craisins                                | 1/4 Cup             | 2500         | 93             | 0              | 2            | 1.61         | 0.12         | 2.7          | 14            | 0.06          | 22            | 0.05           | 25.09          | 0.33          | 0.03         | 0.00                       |
| Craisins                                | 1/4 Cup             | 2500         | 93             | 0              | 2            | 1.61         | 0.12         | 2.7          | 14            | 0.06          | 22            | 0.05           | 25.09          | 0.33          | 0.03         | 0.00                       |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 1000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0        | 500           | 0.0           | 14            | 9.0            | 14.0           | 2.5           | 1.50         | 0.00                       |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 4000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0        | 1000          | 0.0           | 19            | 8.0            | 20.0           | 0.0           | 0.00         | 0.00                       |
| Weighted Daily Average<br>% of Calories |                     |              | 453            | 7              | 470          | 3.61         | 1.56         | 272.7        | 989           | 0.06          | 55<br>48.5%   | 13.25<br>11.7% | 82.89<br>73.1% | 7.83<br>15.5% | 1.83<br>3.6% | 0.00<br>0.0%               |
| Nutrient Guideline                      |                     |              | 350-500        |                | 540          |              |              |              |               |               |               |                |                |               | <10.00       |                            |

|                                         |                     |      |         |    |     |      |      |       |       |       |             |                |                |                |              |              |
|-----------------------------------------|---------------------|------|---------|----|-----|------|------|-------|-------|-------|-------------|----------------|----------------|----------------|--------------|--------------|
| Tue - 08/26/2025                        |                     |      |         |    |     |      |      |       |       |       |             |                |                |                |              |              |
| ELEM B.I.C. #2                          | Total               | 5000 |         |    |     |      |      |       |       |       |             |                |                |                |              |              |
| Muffins, DBL ChocBuena Vista            | 1 ea                | 5000 | 350     | 35 | 390 | 3.96 | 6.30 | 60.4  | *N/A* | *N/A* | 31          | 6.0            | 59.0           | 10.99          | 3.00         | 0.00         |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500 | 110     | 0  | 0   | 3.00 | 0.00 | 0.0   | 120   | 0.0   | 24          | 0.0            | 28.0           | 0.0            | 0.00         | 0.00         |
| GRAPES,Fresh PKG '23                    | serv.(1/2<br>cup)   | 2500 | 31      | 0  | 1   | 0.41 | 0.13 | 6.4   | 46    | 1.84  | 7           | 0.29           | 7.89           | 0.16           | 0.05         | 0.00         |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 2000 | 120     | 15 | 150 | 0.00 | 0.00 | 350.0 | 500   | 0.0   | 14          | 9.0            | 14.0           | 2.5            | 1.50         | 0.00         |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 3000 | 120     | 5  | 210 | 0.00 | 0.00 | 200.0 | 1000  | 0.0   | 19          | 8.0            | 20.0           | 0.0            | 0.00         | 0.00         |
| Weighted Daily Average<br>% of Calories |                     |      | 541     | 44 | 577 | 5.67 | 6.36 | 323.6 | *883  | *0.92 | 64<br>47.1% | 14.54<br>10.8% | 94.55<br>69.9% | 12.07<br>20.1% | 3.63<br>6.0% | 0.00<br>0.0% |
| Nutrient Guideline                      |                     |      | 350-500 |    | 540 |      |      |       |       |       |             |                |                |                | <10.00       |              |

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# Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 25, 2025 thru Aug 29, 2025

ELEM B.I.C. #2

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|                                         | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calc'm<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g)   | Carb<br>(g)    | T-Fat<br>(g)   | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|-----------------------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|----------------|---------------|---------------|---------------|----------------|----------------|----------------|--------------|----------------------------|
| Wed - 08/27/2025                        |                     |              |                |                |              |              |              |                |               |               |               |                |                |                |              |                            |
| ELEM B.I.C. #2                          | Total               | 5000         |                |                |              |              |              |                |               |               |               |                |                |                |              |                            |
| Cluster Brk, Whole Grain '22            | 1 EACH              | 5000         | 260            | 0              | 190          | 3.00         | 2.70         | 80.0           | 70            | 0.0           | 14            | 5.0            | 38.0           | 10.0           | 2.50         | 0.00                       |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500         | 110            | 0              | 0            | 3.00         | 0.00         | 0.0            | 120           | 0.0           | 24            | 0.0            | 28.0           | 0.0            | 0.00         | 0.00                       |
| BANANAS                                 | 1 EACH              | 2500         | 90             | 0              | 1            | 2.83         | 0.26         | 5.1            | 65            | 8.79          | 12            | 1.1            | 23.07          | 0.33           | 0.11         | 0.00                       |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 2000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0          | 500           | 0.0           | 14            | 9.0            | 14.0           | 2.5            | 1.50         | 0.00                       |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 3000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0          | 1000          | 0.0           | 19            | 8.0            | 20.0           | 0.0            | 0.00         | 0.00                       |
| Weighted Daily Average<br>% of Calories |                     |              | 480            | 9              | 377          | 5.81         | 2.83         | 342.5          | 962           | 4.39          | 49<br>41.0%   | 13.95<br>11.6% | 81.13<br>67.6% | 11.17<br>20.9% | 3.16<br>5.9% | 0.00<br>0.0%               |
| Nutrient Guideline                      |                     |              | 350-500        |                | 540          |              |              |                |               |               |               |                |                |                | <10.00       |                            |

|                                         |                     |      |         |    |     |      |       |       |      |       |             |                |                |              |              |              |
|-----------------------------------------|---------------------|------|---------|----|-----|------|-------|-------|------|-------|-------------|----------------|----------------|--------------|--------------|--------------|
| Thu - 08/28/2025                        |                     |      |         |    |     |      |       |       |      |       |             |                |                |              |              |              |
| ELEM B.I.C. #2                          | Total               | 4950 |         |    |     |      |       |       |      |       |             |                |                |              |              |              |
| CEREAL,MALT-O,Marsh-Mateys'24           | BOWL (2<br>oz.)     | 5000 | 210     | 0  | 380 | 3.00 | 18.00 | 200.0 | 1000 | 12.0  | 23          | 4.0            | 47.0           | 2.0          | 0.00         | 0.00         |
| Craisins, Watermelon                    | serv. (1.1<br>6 oz) | 2500 | 110     | 0  | 0   | 3.00 | 0.00  | 0.0   | 120  | 0.0   | 24          | 0.0            | 28.0           | 0.0          | 0.00         | 0.00         |
| APPLES,Fresh sliced                     | pkg. (2oz)          | 2500 | 34      | 0  | 0   | 2.00 | 0.18  | 10.0  | 50   | 123.6 | 6           | 0.0            | 8.0            | 0.0          | 0.00         | 0.00         |
| MILK,1% DW 2024                         | EACH(1/2<br>pint)   | 3000 | 120     | 15 | 150 | 0.00 | 0.00  | 350.0 | 500  | 0.0   | 14          | 9.0            | 14.0           | 2.5          | 1.50         | 0.00         |
| MILK,NF Chocolate DW 2024               | EACH (1/<br>2 pint) | 2000 | 120     | 5  | 210 | 0.00 | 0.00  | 200.0 | 1000 | 0.0   | 19          | 8.0            | 20.0           | 0.0          | 0.00         | 0.00         |
| Weighted Daily Average<br>% of Calories |                     |      | 406     | 11 | 560 | 5.56 | 18.27 | 500.0 | 1803 | 74.55 | 55<br>53.7% | 12.73<br>12.5% | 82.22<br>81.0% | 3.53<br>7.8% | 0.91<br>2.0% | 0.00<br>0.0% |
| Nutrient Guideline                      |                     |      | 350-500 |    | 540 |      |       |       |      |       |             |                |                |              | <10.00       |              |

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# Rialto Unified School District

Aug 25, 2025 thru Aug 29, 2025

Base Menu Spreadsheet

ELEM B.I.C. #2

Portion Values - Detailed

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|                            | Portion<br>Size     | Reimb<br>Qty | Cals<br>(kcal) | Cholst<br>(mg) | Sodm<br>(mg) | Fiber<br>(g) | Iron<br>(mg) | Calcium<br>(mg) | Vit-A<br>(IU) | Vit-C<br>(mg) | Sugars<br>(g) | Protn<br>(g) | Carb<br>(g) | T-Fat<br>(g) | S-Fat<br>(g) | Tr-Fat <sup>1</sup><br>(g) |
|----------------------------|---------------------|--------------|----------------|----------------|--------------|--------------|--------------|-----------------|---------------|---------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
| Fri - 08/29/2025           |                     |              |                |                |              |              |              |                 |               |               |               |              |             |              |              |                            |
| ELEM B.I.C. #2             | Total               | 5000         |                |                |              |              |              |                 |               |               |               |              |             |              |              |                            |
| BREAD,BANANA 2023 OG       | 1 EACH              | 5000         | 163            | 19             | 84           | 1.41         | 0.57         | 12.9            | 44            | 1.99          | *14           | 2.03         | 24.48       | 7.14         | 0.68         | *0.00                      |
| Craisins                   | 1/4 Cup             | 2500         | 93             | 0              | 2            | 1.61         | 0.12         | 2.7             | 14            | 0.06          | 22            | 0.05         | 25.09       | 0.33         | 0.03         | 0.00                       |
| Orange Juice, DW, 4oz.2024 | EACH(4 oz           | 2500         | 55             | 0              | 14           | 0.00         | 0.00         | 10.0            | 100           | 30.0          | 14            | 1.0          | 14.0        | 0.0          | 0.00         | 0.00                       |
| MILK,1% DW 2024            | EACH(1/2<br>pint)   | 2000         | 120            | 15             | 150          | 0.00         | 0.00         | 350.0           | 500           | 0.0           | 14            | 9.0          | 14.0        | 2.5          | 1.50         | 0.00                       |
| MILK,NF Chocolate DW 2024  | EACH (1/<br>2 pint) | 3000         | 120            | 5              | 210          | 0.00         | 0.00         | 200.0           | 1000          | 0.0           | 19            | 8.0          | 20.0        | 0.0          | 0.00         | 0.00                       |
| Weighted Daily Average     |                     |              | 357            | 28             | 277          | 2.22         | 0.63         | 279.3           | 901           | 17.02         | *49           | 10.95        | 61.63       | 8.30         | 1.29         | *0.00                      |
| % of Calories              |                     |              |                |                |              |              |              |                 |               |               | *55.2%        | 12.3%        | 69.0%       | 20.9%        | 3.2%         | *0.0%                      |
| Nutrient Guideline         |                     |              | 350-500        |                | 540          |              |              |                 |               |               |               |              |             |              | <10.00       |                            |

|                  |  |  |     |    |     |      |      |       |       |        |               |                |                |               |              |                |
|------------------|--|--|-----|----|-----|------|------|-------|-------|--------|---------------|----------------|----------------|---------------|--------------|----------------|
| Weighted Average |  |  | 448 | 20 | 452 | 4.57 | 5.93 | 343.6 | *1108 | *19.39 | *54<br>*109.3 | 13.08<br>11.7% | 80.48<br>71.9% | 8.58<br>17.3% | 2.16<br>4.3% | *0.00<br>*0.0% |
|------------------|--|--|-----|----|-----|------|------|-------|-------|--------|---------------|----------------|----------------|---------------|--------------|----------------|

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Calories                   | 448      |           | 350 - 500     | 100%        |           |           |         |                         |
| Cholesterol (mg)           | 20       |           |               |             |           |           |         |                         |
| Sodium 1 (mg)              | 452      |           | 540           | 84%         |           |           |         |                         |
| Fiber (g)                  | 4.57     |           |               |             |           |           |         |                         |
| Iron (mg)                  | 5.93     |           |               |             |           |           |         |                         |
| Calcium (mg)               | 343.6    |           |               |             |           |           |         |                         |
| Vitamin A (IU)             | 1108     |           |               |             | Missing   |           |         |                         |
| Sugars (g)                 | 54       | 48.58%    |               |             | Missing   |           |         |                         |
| Vitamin C (mg)             | 19.39    |           |               |             | Missing   |           |         |                         |
| Protein (g)                | 13.08    | 11.70%    |               |             |           |           |         |                         |
| Carbohydrate (g)           | 80.48    | 71.94%    |               |             |           |           |         |                         |
| Total Fat (g)              | 8.58     | 17.26%    |               |             |           |           |         |                         |
| Saturated Fat (g)          | 2.16     | 4.35%     | <10.00%       |             |           |           |         |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%     |               |             | Missing   |           |         |                         |

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